

## Activity 1.03 Two Truths and One Lie (Social Enterprise)

### Module: 1. Identity and Culture

Duration: 45 Minutes

**Social Development Themes:** Social Enterprise

#### Summary:

Introduces participants to the idea of assumptions and explores how our assumptions drive our behaviour as individuals and as social enterprise leaders.

Encourages participants to hold their assumptions lightly.

All participants write down three things about themselves, two of these are truths and one is a lie. They then move around the group sharing and trying to guess which is the lie. The debrief focuses on the assumptions we make about others and how holding these lightly can help us to discover more.

#### Learning Outcomes:

Team-building and Networking within the group

Value different perspectives – hold assumptions lightly

#### Preparations and Materials:

Pens and paper

#### Approach:

1. Ask participants to take a piece of paper and write down three things about themselves, two of these should be true and one should be a lie.
2. Give the participants an example based on yourself i.e. 1. I love swimming 2. I speak three languages 3. I work part-time in a school. In plenary invite participants to guess which is the lie. Once some participants have guessed share with them which of these was the lie.
3. When participants have written down their two truths and one lie they should move around the room sharing with other participants, and each time guessing which is the lie. Each time, after hearing the guess the person sharing should reveal the lie. Participants should visit at least 5 other people.

#### Debrief:

- Find out who in the group found that people regularly guessed wrong about them? Ask for examples of how

people guessed wrong and conclude by saying 'ah so people assumed... (example i.e. you owned a car), why do you think they assumed this?' Do this at least three times.

- What are we doing when we make assumptions? I.e. guessing, judging, making predictions, stereo-typing.
- Are assumptions good or bad? Gather some responses from the participants. Share with the group we all hold assumptions and it is neither good or bad, we are making assumptions all the time.
- The assumptions we hold inform our attitudes and behaviour. They also have an impact on our relationships with others. Our assumptions are informed by our experience and cultures, when we encounter other people and cultures or when we plan a social enterprise it is important to be aware of the assumptions we are holding and to hold them lightly in this way we will be more open to new learning and will find it easier to form relationships with people who think and see things differently.

To bring it to life: Share a story of your own of when you held an assumption that helped you behave in a positive way and when you held a negative assumption that hindered you.

- Ask the group in pairs to consider the following questions and then share their thoughts in plenary:
  - What assumptions are held about social entrepreneurs in your community? Do these help or hinder social enterprise?
  - What assumptions do successful social enterprise leaders hold? How do those assumptions help them as SE leaders?
  - What assumptions are they holding that they feel they need to let go of to be even more effective as a leader? What assumptions could they be embracing?
  - What assumptions do you choose to hold about other members of this group?