

Activity 2.06 The Questioner Within (The Arts)

Module: 2. Intercultural Dialogue

Duration: 60 Minutes

Social Development Themes: Arts

Summary

To encourage people to become more reflective and positive through examining the questions they ask themselves.

Learning Outcomes:

Ability to support, and learn and share through, feedback

Approach:

Invite two participants to sit in chairs behind another participant, who is being interviewed by the group about a time where they did something wrong or were undecided about something. The two participants behind are the voices in the head – one playing ‘the creator’ the other playing ‘the judge’. At any point, the two characters can pitch in, or the person being interviewed can turn to them and ask for advice: they must respond in character. Afterwards, the interviewee can share how it felt during the exercise. Ask the group how they can listen more to the creator than the judge.